|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Fruit * Apples
* Avocados
* Bananas
* Blueberries
* Cherries
* Grapefruit
* Grapes
* Kiwi
* Lemons
* Limes
* Melon
* Nectarines
* Oranges
* Peaches
* Pears
* Plums
* Raspberries

Satsumas* Strawberries
* Tangerines/
* Watermelon
* \_\_\_\_\_\_\_\_\_\_\_\_\_

Salad Veg* Celery
* Cucumber
* Lettuce
* Radishes
* Rocket
* Spring Onions
* Sweet Peppers
* Tomatoes
* \_\_\_\_\_\_\_\_\_\_\_\_\_

**Vegetables*** Asparagus
* Baby Corn
* Baking Potatoes
* Bell Peppers
* Broccoli
 | * Cabbage
* Carrots
* Cauliflower
* Chilli Peppers
* Corn Cobs
* Garlic
* Green Beans
* Herbs
* Mange tout
* Mushrooms
* Parsnips
* Peas
* Red Onions
* Spinach
* Swede
* Sweet Potatoes
* White Potatoes
* Whites Onions

Bakery/Fresh Bread* Bagels
* Baguette
* Bread Rolls
* Burger Buns
* Croissants
* Crumpets
* Crusty Loaf
* Doughnuts
* Garlic Bread
* Hot Cross Buns
* Hot dog rolls
* Naan Bread
* Pappadums
* Pastries
* Pittas
* Pizzas
* Scotch Pancakes
* Sliced Loaf
* Tortilla Wraps
* \_\_\_\_\_\_\_\_\_\_\_\_\_
 | Dairy/Deli* Babybel
* Butter
* Cheese Slices
* Cottage Cheese
* Cream S/D/Wh
* Crème Fraiche
* Dairylea
* Feta Cheese
* Goat’s Cheese
* Ham
* Margarine
* Mild Cheese
* Milk
* Mozerella
* Parmesan
* Pepperoni
* Ready Made Pastry
* Smoked Salmon
* Soft Cheese
* Sour Cream
* Yoghurts
* \_\_\_\_\_\_\_\_\_\_\_\_\_

Picnic/BBQ* Cocktail Sausages
* Coleslaw
* Olives (fresh)
* Pasta Pots
* Pork Pies
* Potato Salad
* Sausage Rolls
* Scotch Eggs
* Stuffed Peppers
 | Condiments* Apple Sauce
* Brown Sauce
* Coconut Oil
* Cranberry Sauce
* Custard
* Dried Herbs and spices
* \_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_
* Black Pepper
* Gravy Granules
* Honey
* Horseradish Sauce
* Jam
* Mango Chutney
* Marmalade
* Mayonnaise
* Mint Sauce
* Mustard
* Oil Spray
* Olive Oil
* Olives (in jar)
* Packet Sauce Mixes
* Peanut Butter
* Pickled Cabbage
* Pickled Onions
* Salad Cream
* Salt
* Soy Sauce
* Tomato Ketchup
* Vegetable Oil
* Vinegar
* White Wine Vinegar
* Worcestershire Sauce
* \_\_\_\_\_\_\_\_\_\_\_\_\_
 | Home Baking* Baking Powder
* Bicarbonate of Soda
* Bread Flour
* Brown Sugar
* Caster Sugar
* Cocoa Powder
* Eggs
* Granulated Sugar
* Plain Flour
* Ready Roll Icing
* ­Self Raising Flour
* Sultanas/Raisins
* Sweetener
* Vanilla Essence
* Yeast

Dried Goods* Biscuits
* Bread Sticks
* Cereal Bars
* Cereal
* \_\_\_\_\_\_\_\_\_\_\_\_\_
* Crackers
* Crisps
* Noodles
* Nuts
* Pasta
* Popcorn
* Porridge Oats
* Red Lentils
* Rice
* Spaghetti
* \_\_\_\_\_\_\_\_\_\_\_\_\_

Tins/Jars * Baked Beans
* Beans & Sausages
* Chick Peas
 | * Curry Sauce
* Fruit Salad
* Kidney Beans
* Passata
* Pasta Sauce
* Pesto
* Ravioli
* Soup
* Spaghetti hoops
* Tinned Corn
* Tinned Fruit
* Tinned Peas
* Tinned Tomatoes
* Tinned Veg
* Tomato Puree
* Tuna

Pets* Bedding
* Cat food
* Dog Food
* Fish Food
* Hamster Food
* Litter
* Straw
* Treats

Drinks* Beer
* Bottled Water
* Cider
* Coffee
* Cola
* Cordial
* Favoured water
* Fruit Juice
* Gin
* Hot Chocolate
 | * Lemonade
* Orangeade
* Tea
* Tonic Water
* Wine

Meat* Bacon
* Beef Joint
* Chicken Breast
* Chicken Legs
* Chicken Thighs
* Fish
* Gammon
* Lardons
* Minced Beef
* Pork Joint
* Pork Steaks
* Prawns
* Sausages
* Steaks
* Stewing Steak
* Whole Chicken
* ­­­\_\_\_\_\_\_\_\_\_\_\_\_\_

Frozen* Burgers
* Chicken Nuggets
* Chips
* Corn
* Fish Fingers
* Ice Cream
* Ice Lollies
* Peas
* Pies
* Pizza
* Roast Potatoes
* Sausages
* Vegetable Mix
* Waffles
* Yorkshire Puddings
 | Household* Air Freshener
* Aluminium Foil
* Antibacterial Cleaner
* Baking Parchment
* Bathroom Cleaner
* Batteries
* Bin Bags
* Black Bags
* Bleach
* Carpet Cleaner
* Cling Film
* Dishcloths
* Dishwasher Tablets
* Fabric Conditioner
* Furniture Polish
* Glass Cleaner
* Kitchen Cleaner
* Kitchen Roll
* Light bulbs
* Oven Cleaner
* Rinse Aid
* Rubber Gloves
* Sandwich Bags
* Scourers
* Sponges
* Stain Remover
* Toilet Cleaner
* Toilet Roll
* Washing Powder
* Washing Up Liquid
 | Toiletries* Antiseptic
* Bubble Bath
* Conditioner
* Contact Lens Solution
* Cotton Buds
* Dental Floss
* Deodorant
* Face Wipes
* Hair Gel/Wax
* Hair Spray
* Hand Sanitizer
* Hand/Body Lotion
* Ibuprofen
* Mouthwash
* Multivitamins
* Paracetamol
* Plasters
* Razors
* Sanitary Towels
* Shampoo
* Shaving Foam
* Shower Cream
* Soap
* Sun cream
* Tampons
* Toothbrushes
* Toothpaste

Baby* Baby Food
* Baby Wipes
* Bubble Bath
* Cotton Wool
* Formula Milk
* Nappies
* Shampoo
* Sudocrem
* \_\_\_\_\_\_\_\_\_\_
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